

Pain or bleeding after an extraction.

Continue to take regular **painkillers** for several days after extraction, it is normal for the pain to be at its worst at day 3-4.

We cannot provide antibiotics for pain after extractions unless infection is present. We also **cannot prescribe antibiotics over the phone without seeing you in person.**

If you smoke or rinse too soon after an extraction, you risk a dry socket. This can be very painful and regular painkillers are unlikely to be effective. You should call your dentist for an emergency appointment. Antibiotics will not solve this, as a dressing is needed to cover the exposed bone.

Some pink spit/oozing is normal after an extraction, but if the socket is bleeding freely, bite hard on gauze or a clean hankie for 20 minutes. If bleeding has not stopped, call your dentist.



Bleeding Gums

Bleeding from gums is NOT a dental emergency. Bleeding gums are usually due to gum disease, and will not stop until brushing improves. Brush 2x a day with fluoride toothpaste for 2 minutes, concentrating especially on the areas that are bleeding. Use floss or te-pe brushes to clean between your teeth every day.

